

Year of Recovery II

dates to remember

Each month will focus on educational and social activities that address the specific topic. Last year, the activities were organized around the nine dimensions. This year will include some of the dimensions, but also issues that impact consumers' recovery such as work, housing, leisure, etc. There will be a targeted effort to include families.

The structure for the sessions titled "Family Education" will be a 15-20 minute presentation on a topic, followed by discussion by a panel that will include consumers, family members and staff. Sub-committees are working on the specific programming for each month. The Recovery Action Group will continue to monitor and oversee the programs. For more information, please contact Susan Sandel @203-630-5316.

October 25

WRAP

(Wellness Recovery Action Plan)

Lunch & Learn

12:00 p.m. Group Room 2
Paddock Avenue

November 9

ILLNESS TO WELLNESS

5:30 - 6:30 p.m.

Pratt Street

November 17

MEDICATION EDUCATION

11:30 a.m.- Friendship Club
12:00 p.m. - Latino Lunch

December 14

SUPPORTIVE RELATIONSHIPS

2:30 - 5:30 p.m. Paddock Avenue

Arts & Crafts, Plants, & Bake Sale,
Latin dance lessons by Latino Team

(20% of all proceeds will go
to support recovery
activities in 2006)

January 11

HOUSING

Family Education

5:30 - 6:30 p.m.

Friendship Club

February 8

FUN & LEISURE

"FUN FAIR"

4:30 - 6:00 p.m.

Paddock Avenue

DJ, Karaoke, refreshments, dancing

March 8

WORK

Family Education

5:30 - 6:30 p.m.

Friendship Club

April 12

OVERCOMING STIGMA

NAMI In Our Own Voice

Family Education

5:30 - 6:30 p.m. Paddock Avenue

April 25

OVERCOMING STIGMA

Lunch & Learn

12:00 p.m. - Paddock Avenue

May 10

RECOVERY STORIES

Coffee Hour/Video

Art Show & Refreshments

3:30 - 5:00 p.m.

Paddock Avenue

